



400 W. Chatham St., Metamora, IL 61548

Phone (309) 367-2528 • www.stmfalcons.com • Fax (309) 367-2169

## **Upcoming Events**

**Nov. 2:** Picture Retake day

11:30 Dismissal

**Nov. 3:** No School : P/T  
Conferences

**Nov. 4:** Boys BB vs Hollis  
at 10am

**Nov. 8:** Boys BB vs  
Norwood at 5pm

**Nov. 9:** Boys BB at  
Parkview at 5pm

**Nov. 13:** PTO Meeting

**Nov. 15:** Boys BB at St.  
Pat's at 5:30pm

**Nov. 17:** Midterms

**Nov. 20:** Boys BB vs  
Chillicothe at 5pm

**Nov. 21:** Boys BB st  
Blessed Sac at 5:30pm

**Nov. 22-24:** No School  
Thanksgiving Break

**Dec. 8:** Feast of the  
Immaculate Conception

**Dec. 15:** End of 2<sup>nd</sup> Quarter

**Dec. 18:** Christmas Concert

**Dec. 20 :** Christmas parties  
at 2:00pm

**Dec. 21-Jan 2:** No School –  
Christmas break

**Jan. 3:** No school – Faculty  
Institute

**Jan. 4:** School resumes

**Jan. 15:** No School - MLK  
day

## ***The E-Falcon Newsletter***

**Nov. 2, 2023**

### **Honor Roll for 1<sup>st</sup> Quarter 2023-24**

The following students made the high honor roll for the first quarter: 8<sup>th</sup> grade – Robert Hassler; 7<sup>th</sup> grade – Nathan Wise; 6<sup>th</sup> grade – Reagan Casey, Leta Hassler, Sam Kidder and Abbiegail Lamkin. Honors go to 8<sup>th</sup> grade – Nolan Rutledge & Clara Schmitz; 7<sup>th</sup> grade – Gannon Huss & Lauren Schmitt; and 6<sup>th</sup> grade Adrian Avila & Mariah Hermann. Congratulations to these student on their hard work.

### **Box of Joy Outreach**

The Box of Joy gift box needs to be returned to the Principal Office by Friday, November 3rd. The shipping cost has been waived -so the only cost are the gifts that go in the box. Thank you for considering this outreach for those fighting poverty.

### **Parent/Teacher Conference**

Parent /Teacher Conferences will be on Thursday, Nov. 2 from 1:00 – 7:00 and Friday, Nov. 3 from 9:00am – 12:00. Please don't forget to attend your conference time!

### **Turn your Clock Back**

Don't forget to "fall Back" with your clock this Saturday before you go to bed. Enjoy your extra hour of sleep.

## Lunch Menu

(Subject to change)

**All lunches include milk**

(Nov. 6 - 10)

Mon., Nov. 6 – Pizza boat, peas, fruit

Tues., Nov. 7 – Tacos, corn, fruit

Wed., Nov. 8 – Corn dog, chips, baked beans, fruit

Thurs., Nov. 9 – Chicken sandwich, fries, carrots, fruit

Fri., Nov. 10 – Grilled cheese, tomato soup, gold fish, fruit

(Nov. 13-17)

Mon., Nov. 13 – Orange chicken & rice, egg roll, broccoli, fruit

Tues., Nov. 14 – Walking tacos, corn, fruit

Wed., Nov. 15 – Popcorn chicken, fries, carrots, fruit

Thurs., Nov. 16 – Salisbury steak, mashed potatoes w gravy, roll, green beans, fruit

Friday, Nov. 17 – Cheese pizza, peas, fruit

## Donut Sunday

Donut Sunday is Nov. 5 after 7:30 and 9:00 Masses. Our verse for November: "Enter into His gates with thanksgiving, and His courts with praise: give thanks unto Him, and bless His name" Psalm 100:4 and is hosted by the St. Mary's CCD Program.

## Winter Wear

Please send your student with all the warm wear that they need for these cold days. We do walk outside in the morning and go out for recess. Students need to be prepared.

## Scrip/PTO Meeting

The next scrip order will be due MONDAY, 11/6 by 9am. Delivery will be Thursday 11/9. Thank you for supporting our scrip program! Questions about scrip? Contact Deanna Casey at [309-231-9656](tel:309-231-9656).

The next PTO meeting is MONDAY 11/13 at 6:30pm in the library. All parents and staff are welcome. Please join us!

## Sports Update

**VB:** St. Mary's volleyball will begin practice on Mon., Nov. 27 right after school until 5:30. All 4th through 8th grade girls are able to participate. You must have a current physical to practice. Also, ICC Volleyball will be playing in the district tournament Sat. Nov. 4 at noon and win at 4:00 PM for a chance to go to nationals. We have four MTHS graduates and two of those student athletes are from St. Mary's. This would be a great opportunity to watch some great volleyball action prior to our up and coming season. Emily Cronkhite a libero from St. Mary's is one of the top ten passers in the nation. Congratulations Emily! Our other St. Mary's graduate Sophia Adams a right side hitter and setter is on the injured list and will be unable to play but we are very proud of these two alumni. Good Luck!

## West World Stacking Association

**IT'S OFFICIAL!** St. Mary's student will take part in the 2023 WSSA (World Sport Stacking Association) stack up! In Physical Education class on Nov. 14th and Nov. 15th the WSSA is counting on us and our students to help set a new WSSA World Record! The current record to beat: 737,863 stackers! What is cup stacking? Sport Stacking involves taking a set of 12 plastic cups, stacking them into predetermined pyramids and collapsing them. The object is to take the cups up and down as fast as possible. Anyone, no matter the age can do this. You don't have to have a special skill. Just a set of 12 cups and a desire to learn.

The benefits and reasons for teaching Sport Stacking include:

- To help students master the 3-3-3, 3-6-3, and 1-10-1 and the cycle stacks all good for developing motor skills, patterning, sequencing, focus and concentration;
- To promote eye-hand coordination and ambidexterity, important skills in most any sport;
- To give students the opportunity to use both sides of their body and brain to improve bilateral proficiency;
- To encourage students to set goals through establishing personal records and reinforce perseverance and practice as the way to improve those records;
- To reinforce the value of teamwork and the importance of never giving up;
- TO HAVE A LOT OF FUN!!!

## Lourdes Men's Club Sausage Sale ONLY!

Sunday December 10<sup>th</sup> from 7:00 AM to 12 Noon

Please call or text Bill Kessler @ [309-645-7795](tel:309-645-7795) if you wish to Pre-Order sausage

NEW Price is \$4.00 per pound (Bulk or Link)

Last day to pre-order sausage is Sunday December 3<sup>rd</sup>