



400 W. Chatham St., Metamora, IL 61548

Phone (309) 367-2528 • www.stmfalcons.com • Fax (309) 367-2169

Upcoming Events

Nov. 1-3: Boys BB at
Robein Tournament at 4:15
& 5:30

Nov. 3: 11:30 Dismissal –
P/T Conferences
Girls BB at Tremont at 5:30

Nov. 4: No School P/T
Conferences

Nov. 5: Girls BB vs
Brimfield at 10:00

Nov. 8: Girls BB vs Dunlap
at 4:30

Nov. 9: Boys BB at
Norwood at 5:00

Nov. 10: Girls BB at E.
Peoria Central at 4:30
Boys BB vs Parkview at
5:00

Nov. 11: Midterms

Nov. 12: Girls BB at
MTHS at 10:00

Nov. 14: PTO meeting
Girls BB vs Fieldcrest at
4:30

Nov. 16: Boys BB vs St.
Pat's at 5:00

Nov. 17: Girls BB at
Beverly Manor at 4:30

Nov. 21: Boys BB at
Chilicothe at 5:00

Nov. 22: Boys BB vs
Blessed Sarament at 5:00

The E-Falcon Newsletter

Nov. 3, 2022

No Buses

Due to Metamora Grade School and High School not having school on Nov. 8, there will be no busing available. Please plan for alternate transportation that Tuesday.

Also on Nov. 21 & 22, there will be no bus service due to Metamora grade parent/teacher conferences.

Fall Back

Sunday, Nov. 6, the time will fall back. Remember to send your clocks back an hour before you go to bed on Saturday night.

Parent/Teacher Conferences

Parent teacher conferences will be Thurs., Nov. 3 from 1:00pm – 7:00pm and Fri., Nov. 4 from 9:00am - 11:45am. Please attend your conference!

Please remember **NO** After Care on
Thursday, Nov. 3 with the 11:30 dismissal.

Lunch Menu (Subject to change)

All lunches include milk

(Nov. 7-11)

Monday, Nov. 7 – Spaghetti, carrots, fruit

Tuesday, Nov. 8 - Walking tacos, corn, fruit

Wednesday, Nov. 9 – Biscuit & gravy, sausage, hash brown, fruit

Thursday, Nov. 10 – Salisbury steak, mashed potatoes/gravy, peas, fruit

Friday, Nov. 11 – Tomato soup, grilled cheese, Goldfish crackers & fruit

(Nov. 7-11)

Monday, Nov. 7 – Hamburger on bun, fries, green beans, fruit

Tuesday, Nov. 8 –Chicken fajitas, veggie, fruit

Wednesday, Nov. 9 – Pancakes, sausage, hash browns, fruit

Thursday, Nov. 10 – Chicken nuggets or strips, mashed potatoes/gravy, peas, fruit

Friday, Nov. 11 - Chef salad, bread stick, fruit

Art-Art-Art-Art-Art-Art-Art

Our Art curriculum is the ART IN ACTION textbook series. Our students meet once a week on Thursdays. The Kindergarten, First, Second, Third, and Fourth graders explore the Elements of Art as they continue to work on their fine motor skills: cutting, gluing and coloring with various media. A Kindergarten book is put together at the end of the year with many of the projects we have worked on throughout the year. All the other classes most of the work is put into your child's portfolio.

Fifth, sixth, seventh and eighth continue to work with all the Elements of Design as well as explore the Principles of Design. They each have their own sketchbook, in which a lot of their work is located.

Please check out the Artwork located on the cafeteria bulletin board as well as the table with the sketchbooks on during conferences. We have some very talented budding artists here at St. Mary's!

PTO Meeting

The next STM PTO meeting will be Monday, 11/14 at 6:30pm in the school cafeteria. Please join us to learn about all the ways you can get involved in our awesome school!

What's Happening in Physical Education Class

Physical Education class takes place on Tuesday, Wednesday and Friday for students in 1st through 8th grade and Kindergarten on Tuesday and Wednesday. Our goal is that our children develop healthy attitudes that eventually lead to a lifestyle of regular physical activity.

The first nine weeks we have tried to be outside as much as the weather will allow and we have had a great fall. Kindergarten, first and second have spent time learning the rules and being able to move in general space without collisions. We have learned the stop sign and work on locomotor movement. We familiarize ourselves with the gym markings and directions. Many low organized games are played to teach our students body awareness while moving in general space to work on fitness at the same time. Some of their favorite games include Ready Set, Mouse Trap, Bridge Tag, Pizza Tag, Toxic Blast and The Chase. We have also spent time working on our ball skills and soccer skills and mini soccer games. Also, asked your child to take you through our obstacle course we have painted in our alley. Can you perform those skills?

Grades third through eighth started the year reviewing the rules and working For Each Other and Win Today! Class is usually started with a warm up followed by our activity for the day. We started the year with kickball learning the rules which we hope will carry over to softball and baseball playing. We then switched to disc golf. This is the second year for disc golf and the students have improved each time they golf. We have a four hole course we set up throughout the school grounds. We even had our first hole-in-one last week. Not only did Noah Merrill have the first but followed it with a second on the same day. The students have learned about the different disc they can use and the forehand and backhand technique of throwing. In addition, a favorite game we like to play during this time of year is Ghost and the Graveyard.

Pies For Sale

Let St. Mary's School make your pies for Thanksgiving. The ladies will make your pies on Tuesday, Nov. 22 and pie pick up will be in Wednesday, Nov. 23 from 9-11am. In St. Mary's cafeteria. Check out the flyer attached to this email. Tell your neighbors and friends. Contact Ann Cowling if interested in helping with this school fundraiser. Thank you for supporting St. Mary's School!

Veteran's Day Breakfast

November 11th 8:15 – 9:20 am

St. Mary's Cafeteria

The student council at St. Mary's School would like to invite our community veterans to a breakfast on Friday November 11th. If your family has a parent, sibling or grandparent that is a veteran we ask that you please attend along with them to help celebrate. We will have breakfast at 8:15 followed by a short assembly to honor our guests, provided by our students.

Please sign up by Monday, November 7th to help us prepare accordingly. If you have questions, please reach out to the student council by email at studentcouncil@stmarymetamora.com or contact the student council advisor Mr. Huss at 309-231-7542. Responses returned to school are the preferred way to RSVP, however, email or text work as well. Please remember the deadline is end of day on Monday November 7th.

Veteran's Name: _____

Number of family/guests: _____

Contact Name: _____

Email: _____

Phone: _____

Branch of Service: _____

Years of Service: _____